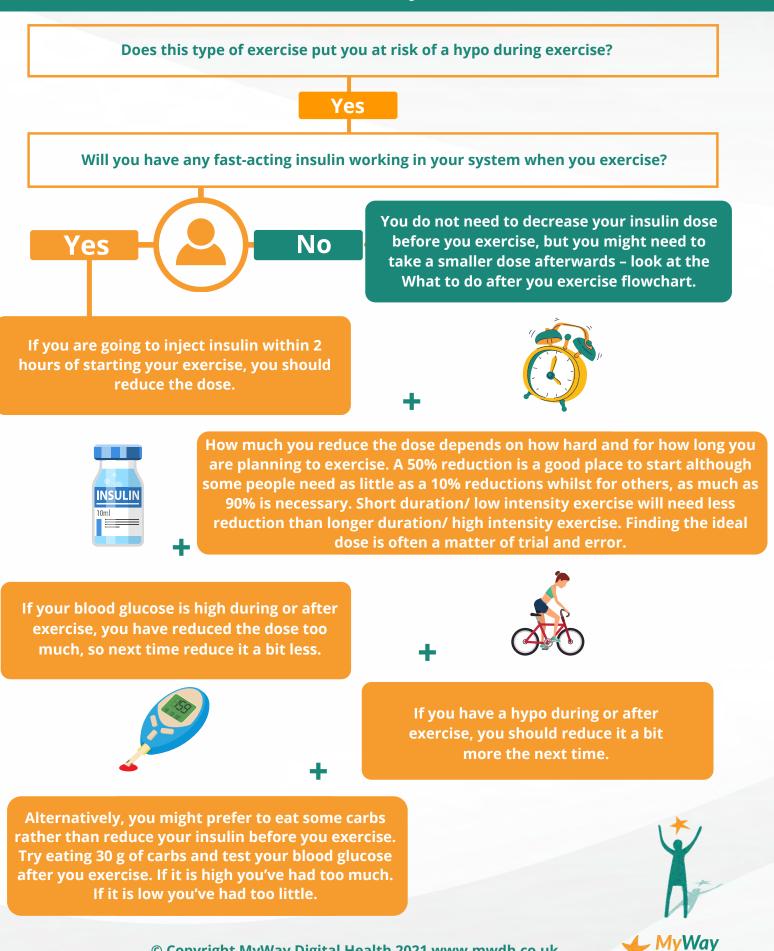
## Avoiding hypos when exercising



digital health

## What to do before you exercise



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