



Insulin Pumps and Pregnancy

Diabetes Specialist Nurse:

Now, I know you've got two lovely little girls.

Patient:

I do. Ellis and Libby.

Diabetes Specialist Nurse:

Is there anything that you would like to maybe compare and contrast about the two pregnancies? About the difference?

Patient:

My first pregnancy, I wasn't on an insulin pump. And it was quite bad with hypos and trying to achieve very tight control, so you can keep your baby healthy and yourself healthy.

And I really was desperate to have another baby.

I'd heard that pumps were very useful in helping you to control sugars and tighter control.

Pregnancy one, with the horrific hypos... Pregnancy and diabetes tends to bring - your control has to be very good to keep yourself healthy and your baby healthy. And I had to keep very tight control, and that comes with your hypo awareness, the fact that you're starting to feel low - that tended to go, so I would be very low and very shaky and be having a hypo, and I wouldn't be aware.

So we had a couple of ambulance visits and, you know, a couple of visits to hospital. Whereas the second pregnancy, it was just I would say a walk in the park, compared to the first pregnancy.

