



Pump Diary #Type 1 Uncut

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Let me introduce myself my name is Jessica Anderson I'm 25 years old, soon to be 26 and I've been diabetic for 11 years and for these 11 years I've been injecting.

However, in three days time I'm going to go on to a pump and so I figured I would make like a video diary but I am a complete novice at this. I've never done this before, actually I find them incredibly cringey to watch so I can only apologize. If this is cringey, don't watch it.

As I said I've been diabetic for 11 years and I've been injecting the whole time. I've been really reluctant to go on to a pump but I've had to take control.

I just think it's now or never. I need to do this, I need to bite the bullet and so I'm going to try and attempt to sort of video blog my experience of going on to a pump, so each of the steps.

So all I know so far is that I've got three appointments, so Monday Wednesday and Friday and I'll be put on an Animas Vibe.

So I've researched this, it looks like a chunky thing. I don't really know what the benefits of it or going to be, I don't really understand.

I keep getting quite emotional at the thought of it. I just don't like the thought of something always being on me, always being on my body.

I haven't really always liked telling people that I'm diabetic, like that's been a massive hurdle for me even though it's been 11 years, it's kind of like something that sets me aside, makes me a bit different from other people so why should I tell people about it.

My biggest fears are that it's always always going to be there, like it's all vanity to be honest, getting into a bikini, having infusion sites, having to change them every three days.

It's so much easier to just take a wee injection and in three days I'm going to have this thing on me forever.

Not feeling great about it and I get really emotional about it and I keep crying. It's just silly.

